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ROGRESSION OF KEY SKILLS

Tag Rugby

Early Years	EY
Follow a partner to steal their bib – introducing tag games	
Move with different objects in their hands	
Passing an object to another child	
Trying to get around a static player in a coned area	
Scoring points with beanbag treasure in a simple hoop invasion game	
Fun game getting past the fish (defender) in a small area. Fish (defender) trying to get the tails	

1	Year 1
	Play a simple game of tag and begin to call 'tag' when taking a bib or belt
	Hold the ball with two hands
	Hand over the Rugby ball sideways
	Attempt to get past a defender 1v1
	Scoring a try in a modified drill using correct technique– using 2 hands to place ball down
	Small-sided adapted games. Begin to develop tactics for attacking and defending

Year 2	2
Tag a player when facing your partner – raise hand and call "Tag"	
Move with the ball, holding it with hands– chest height	
Pass the ball sideways– with smile technique	
Dodge around a defender in a small area	
Scoring a try in an adapted game– focus placing ball down with 2 hands and staying on feet	
Small-sided games using various types of equipment. Develop tactics for attacking and defending	

3	Year 3
	Tag another player, face on and keeping body position low to the ground
	Move with a ball in their hands using correct position
	Pass the ball backwards and sideways in isolation
	Move into a space to avoid a defender, through dodging techniques
	Beat a defender to score a try in various scoring zones
	Adapted games, with variations of rules, begin to apply some basic principles for attacking & defending

Year 4	4
Play a tag game whilst moving at speed, keeping close to an opponent	
Move with control in a variety of directions holding the ball in the correct position	
Pass the ball backwards/ sideways with control whilst moving	
Use speed and space to avoid a passive defender	
Beat a defender at speed to score a try in an isolated game situation	
Play adapted games, Children encouraged to think of tactics when attacking and defending	

5	Year 5
	Tag more than one player using either hand whilst moving
	Choose different pathways to move with a ball in hands against an opponent
	Pass the ball and move (loop around a teammate)
	Introduce looping around your teammate– to try and trick an opponent
	Working as a team to score a try– supporting runs in practice
	Developing tactics for attacking e.g working as a team, supporting each other
	In teams discuss tactics of attacking e.g diagonal line when attacking
	In a team, discuss tactics of defending e.g make a wall or flat line as a team when defending

Year 6	6
Tag a player using either hand when moving at full speed in a game situation	
Dodge around a defender at speed with a ball in hands avoiding being tagged	
Bring in pass and loop into a game situation	
Looping around your teammate– to try and trick an opponent in game situation	
Working together as a team to score a try in a tag rugby game, e.g supporting diagonal runs	
Use techniques learned and apply in a game situation. Apply basic principles for attacking and defending	
In a team, discuss tactics of attacking and defending (communicate and collaborate)	

